Personality Mosaic

Circle the numbers of the statements that clearly sound like something you might say or do or think—something that feels like you. Don’t stop to analyze your responses too much.

1. It’s important for me to have a strong, agile body.
2. I need to understand things thoroughly.
3. Music, color, writing, and beauty of any kind can really affect my moods.
4. Relationships with people enrich my life and give it meaning.
5. I am confident that I will be successful.
6. I need clear directions so I know exactly what to do.
7. I can usually carry/build/fix things myself.
8. I can get absorbed for hours in thinking something out.
9. I appreciate beautiful surroundings; color and design mean a lot to me.
10. I’ll spend time finding ways to help people through personal crises.
11. I enjoy competing.
12. I prefer getting carefully organized before I start a project.
13. I enjoy making things with my hands.
14. It’s satisfying to explore new ideas.
15. I always seem to be looking for new ways to express my creativity.
16. I value being able to share personal concerns with people.
17. Being a key person in a group is very stimulating to me.
18. I take pride in being very careful about all the details of my work.
19. I don’t mind getting my hands dirty.
20. I see education as a lifelong process of developing and sharpening my mind.
21. I like to dress in unusual ways, try new colors and styles.
22. I can often sense when a person needs to talk to someone.
23. I enjoy getting people organized and on the move.
24. I’d rather be safe than adventurous in making decisions.
25. I like to buy sensible things I can make or work on myself.
26. I can sit for long periods of time working on problems or puzzles, reading, or just thinking.
27. I have a great imagination.
28. I like to help people develop their talents and abilities.
29. I like to be in charge of getting the job done.
30. I usually prepare carefully ahead of time if I have to handle a new situation.
31. I’d rather be on my own doing practical, hands-on activities.
32. I’m eager to read or think about any subject that arouses my curiosity.
33. I love to try creative new ideas.
34. If I have a problem with someone, I will keep trying to resolve it peacefully.
35. To be successful, it’s important to aim high.
36. I don’t like to take responsibility for making big decisions.
37. I say what’s on my mind and don’t beat around the bush.
38. I need to analyze a problem pretty thoroughly before I act on it.
39. I like to rearrange my surroundings to make them unique and different.
40. I often solve my personal problems by talking them out with someone.
41. I get projects started and let others take care of details.
42. Being on time is very important to me.
43. It’s invigorating to do things outdoors.

Adapted from Coming Alive from Nine to Five (1996) by Betty Neville Michelozzi
44. I keep asking, “Why?”
45. I like my work to be an expression of my moods and feelings.
46. I like to help people find ways to care more for others.
47. It’s exciting to take part in important decisions.
48. I am usually neat and orderly.
49. I like my surroundings to be plain and practical.
50. I need to stay with a problem until I figure out an answer.
51. The beauty of nature touches something deep inside of me.
52. Close personal relationships are valuable to me.
53. Promotion and advancement are important to me.
54. I feel more secure when my day is well planned.
55. I’m not afraid of heavy physical work and usually know what needs to be done.
56. I enjoy books that make me think and give me new ideas.
57. I look forward to seeing art shows, plays, and good films.
58. I am very sensitive to people who are experiencing emotional upsets.
59. It’s exciting for me to influence people.
60. When I say I’ll do it, I do my best to follow through on every detail.
62. I’d like to learn all here is to know about subjects that interest me.
63. I don’t want to be like everyone else; I like to do things differently.
64. I’ll go out of my way to be caring of people with problems.
65. I’m willing to take some risks to get ahead.
66. I feel more secure when I follow the rules.
67. One of the first things I look for in a car is a well-built engine.
68. I like a conversation to be intellectually stimulating/challenging.
69. When I’m creating, I tend to let everything else go.
70. I feel concerned that so many people in our society need help.
71. It’s challenging to persuade people to follow a plan.
72. I’m very good about checking details.
73. I usually know how to take care of things in an emergency.
74. Reading about new discoveries is exciting.
75. I appreciate beautiful and unusual things.
76. I take time to pay attention to people who seem lonely and friendless.
77. I love to bargain.
78. I like to be very careful about spending money.
79. Sports are important to me in building a strong body.
80. I’ve always been curious about the way nature works.
81. It’s fun to be in a mood to try something unusual.
82. I’m a good listener when people talk about personal problems.
83. If I don’t make it the first time, I usually bounce back with energy and enthusiasm.
84. I need to know exactly what people expect me to do.
85. I like to take things apart to see if I can fix them.
86. I like to study all the facts and decide logically.
87. It would be hard to imagine my life without beauty around me.
88. People often seem to tell me their problems.
89. I can usually connect with people who get me in touch with a network of resources.
90. It’s very satisfying to do a task carefully and completely.

Adapted from *Coming Alive from Nine to Five* (1996) by Betty Neville Michelozzi
**Personality Mosaic: Scoring**

To score, circle the same numbers that you circled on the Personality Mosaic.

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Count the number of circles in each column and write the total number of circles in the spaces, 15 being the highest possible score:

R _____ I _____ A _____ S _____ E _____ C _____

List the letters R, I, A, S, E, and C according to your scores, from highest to lowest:

1st _____ 2nd _____ 3rd _____

4th _____ 5th _____ 6th _____
### Realistic Personality
- Hands-on people who enjoy exploring things, fixing things, making things with their hands
- Express themselves and achieve primarily through their bodies rather than through words, thoughts, feelings
- Usually independent, practical minded, strong, well coordinated, aggressive, conservative, rugged individualists
- Like the challenge of physical risk, being outdoors, using tools and machinery
  - Prefer concrete problems rather than abstract ones
  - Solve problems by doing something physical

### Investigative Personality
- Persons who live very much “in their minds”
- Unconventional and independent thinkers, intellectually curious, very insightful, logical, persistent
- Express themselves and achieve primarily through their minds rather than through association with people or involvement with things
  - Like to explore ideas through reading, discussing
  - Enjoy complex and abstract mental challenges
  - Solve problems by thinking and analyzing

### Artistic Personality
- See new possibilities and want to express them in creative ways
- Especially attuned to perception of color, form, sound, feeling
- Prefer to work alone and independently rather than with others
- Enjoy beauty, variety, the unusual in sight, sound, texture, people
  - Need fairly unstructured environment to provide opportunities for creative expression
  - Solve problems by creating something new

### Social Personality
- People persons who “live” primarily in their feelings
- Sensitive to others, genuine, humanistic, supportive, responsible, tactful, perceptive
- Enjoy closeness with others, sharing feelings, being in groups and in unstructured settings that allow for flexibility and caring
  - Solve problems primarily by feeling and intuition, by helping others

### Enterprising Personality
- Project persons who are absorbed in their strategies
- Energetic, enthusiastic, confident, dominant, political, verbal, assertive, quick decision makers
  - Self-motivated leaders who are talented at organizing, persuading, managing
  - Achieve primarily by using these skills in dealing with people and projects
  - Enjoy money, power, status, being in charge

### Conventional Personality
- Persons who “live” primarily in their orderliness
- Quiet, careful, accurate, responsible, practical, persevering, well organized, task oriented
- Have a strong need to feel secure and certain, get things finished, attend to every detail, follow a routine
  - Prefer to work for someone of power and status than be in such a position themselves
  - Solve problems by appealing to and following the rules

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