CHOOSING A MAJOR

1) Assess
- Keep in mind your skills, values, and personality.
- Think about what you want to do in your future, starting with broad categories like “working with people”.
- Take the Traitify Assessment provided by Career Services.

2) Research
- Visit major advising offices or websites
- Check out the tools from Career Services
- View the sample four year plans at plans.ucsd.edu
- Discuss your potential major plans with an advisor at Muir Academic Advising.

3) Plan
- Look at all the major options, noting capped majors and considering alternatives to those majors
- Talk to friends, House Advisors, upperclassmen, etc. about their majors and how they chose them
- Use your General Education courses to explore possible areas of interest
- Explore Academic Interests through Career Services

4) Declare
- Use the Major/Minor Tool to declare your new major